



# PRACTICE SCHEDULES

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**Practice Schedules for:**

<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Edge	Monday	5:30 PM	Field 1
Courage	Monday	5:30 PM	Field 1
Metro Stars	Thursday	6:30 PM	Field 1
Fever	Thursday	6:30 PM	Field 1



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<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Timbers	Monday	5:30 PM	Field 2
Voltage	Monday	5:30 PM	Field 3
Flames	Thursday	6:30 PM	Field 2
Island Rays	Thursday	6:30 PM	Field 3



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<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Mariners	Monday	6:30 PM	Field 1
Rage	Tuesday	6:30 PM	Field 1



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<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Mercury	Monday	6:30 PM	Field 4
Celtic	Monday	6:30 PM	Field 3
Rapids	Tuesday	6:30 PM	Field 2
Sabers	Tuesday	6:30 PM	Field 3



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<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Crew	Monday	5:30 PM	Field 4
United	Tuesday	5:30 PM	Field 4
Kickers	Tuesday	5:30 PM	Field 3
Heat	Thursday	6:30 PM	Field 4



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Practice Schedules for:

Team	Practice Night	Practice Time	Practice Location
Celtics	Tuesday	6:30 PM	Field 4
Warriors	Thursday	5:30 PM	Field 1



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**Practice Schedules for:**

<b>Team</b>	<b>Practice Night</b>	<b>Practice Time</b>	<b>Practice Location</b>
Phoenix	Monday	6:30 PM	Field 2
Beat	Tuesday	5:30 PM	Field 1